



EVALUATION RESULTS

What has been the best memory of the course for you?

1. 'Everything, it has been phenomenal from start to finish. It has opened my eyes to other sports' *Mario*
2. 'Going to the top of the Snowdome and not dropping once throughout all the session' *Jermaine*
3. 'The fun, controlling my speed when skiing; laughing through the falls and slides with my friends' *Shakira*
4. 'The best memory was at the Snowdome, going down at a faster speed, the excitement and learning something new' *Elaine*
5. 'My best memory was at the Snowdome in Tamworth, going all the way to the top' *Michael*
6. 'Going down the biggest ski slope without dropping' *Sharifa*
7. 'Learning to do the triangle (snow plough)' *Joseph*
8. 'Going on the snow for the first time' *Carla*
9. 'When we were on top of the snow for the first time' *Othman*
10. 'Learning to do things better' *Anon**
11. 'Gaining new friends and skills' *Anon**

What has been the main thing you have learnt about skiing over the course?

1. 'I learnt how to slow down more and to control my speed by keeping the V shape with the skis' *Elaine*
2. 'The best thing I learnt was the triangle so I can go fast and know how to control my speed' *Anon*
3. 'It's fun and you can be the worst sports person but the best at skiing' *Mario*
4. 'I learnt to have more self control, patients and keeping up my upper and lower body strength' *Shakira*
5. 'I learnt how to control my balance and speed' *Manussah*
6. 'I learnt when going down the slope you need to make a triangle to slow down' *Tirell*
7. 'How to slow down and turn which saved my life' *Rachide*
8. 'I learnt to build my confidence more' *Joseph*
9. 'I learnt that it's not about going fast' *Carla*
10. 'How to control myself on skis and turning' *David*
11. 'You have to control yourself and not be a speed demon' *Sharifa*

What is the main thing you have learnt about yourself this week?

1. 'If I say I can do something and put my head to it then nothing is impossible' *Mario*
2. 'I won't stop until I know that I have achieved my goal' *Bukky*
3. 'That I can do anything if I put my mind to it because when I came I didn't know how to ski' *Rachide*



4. 'That I'm an easy learner and more braver than I thought' *Elaine*
5. 'I can achieve when I try hard enough' *Natara*
6. 'I can learn something new, quite quickly with practice' *David*
7. 'I have more confidence than I thought I had' *Tirell*
8. 'To stop being so self proud' *Jermaine*
9. 'I have learnt to try my hardest in my work' *Michael*
10. 'I can ski if I concentrate and listen' *Carla*
11. 'I learnt to take control more' *Annie*
12. 'I can work in a group' *Othman*
13. 'I can do what I want if I put my mind to it' *Anon**
14. 'I learnt to control my anger more' *Anon**
15. 'I can try new things and I believe in myself' *Anon**
16. 'I can do anything I put my head to' *Anon**
17. 'I learnt that I have other talents' *Anon**

What new skills have you developed?

1. 'I have learnt to Snow plow, control my speed and co-ordination more' *Shakira*
2. 'To have more self-control and be more patient' *Elaine*
3. 'To have more self -control' *Natara*
4. 'The new skills I have developed are to make friends, to be supportive, to listen more and to have courage' *Rachide*
5. 'I have developed my listening skills' *Michael*
6. 'How to do a ski plough and turn' *Carla*
7. 'I have developed my skiing skills and supporting others' *David*
8. 'I have learnt to be more persistent' *Anon**

What would you change about the course?

1. 'Absolutely nothing. FATASTIC' *Shakira*
2. 'The question is "what is there to change?". The answer is NOTHING' *Mario*
3. 'Making the time that we had on snow longer' *Bukky*
4. 'To have a longer time skiing' *Rachide*
5. 'Nothing it was GREAT!!!' *Sharifa*
6. 'I think we should go to Tamworth again' *Michael*
7. 'More one on one input' *Jaaz*
8. 'More help' *Anon**

What thoughts / plans have you had about your future over this course?

1. 'That I can ski confidently and I should find some time to show my new skills off as I feel I'm great.' *Shakira*
2. 'Doing more activities, experiencing more stuff' *Sharifa*
3. 'To look at other sports and not just football' *Mario*
4. 'That I should get more involved in sports outside school' *Elaine*
5. 'To get up and try new things. You only live once' *Anon*
6. 'Be persistent, have patience and that I have total control of the outcome of everything I do' *Natara*
7. 'Go skiing more in the future when I am older' *Jermiane*
8. 'I wouldn't mind helping out on future courses' *Jaaz*
9. 'That I need to come again and see what level I'm at' *Rachide*



10. 'I might consider taking skiing up as a hobby' *Michael*
11. 'I want to ski in the Alps' *Bukky*
12. 'To go skiing again with Snow-Camp' *Annie*
13. 'I hope I will go skiing or snowboarding another time' *David*
14. 'I would like to train to get better' *Anon**
15. 'I might go skiing when I'm older' *Anon**
16. 'To try and do this when I'm older and if I have kids I can bring them skiing'
*Anon**

Anon* refers to young people who attended the sessions and either forgot to write their names on the form or preferred to remain anonymous.